

3. Strengthening the community network for continuum of care

The project revitalized the Local Steering Committee (LSC), which was founded in the neighborhood health committee at each site, comprised of ten members, including health service providers, community leaders, traditional leaders, teachers, SMAGs and Youth PEs. Monitoring and supervision by the District Health Office to support community health educational activities involving SMAGs and Youth PEs was strengthened in collaboration with the LSCs and the Adolescent Health Committee. Each site formulated a community action plan for sustainability and started income generation activities such as goat rearing, vegetable cultivation, etc. to secure the cost for maternity waiting house and costs required for continuing community health educational activities. Furthermore, a workshop on income generation activities and financial management was also organized in Mutaba where income generation activities were most advanced. The workshop provided a proactive mutual learning opportunity and allowed each site to share their own experiences.



Cooperation by the private sector:



Water tanks

A water tank was installed in each One Stop Service Site with the support of corporations and organizations (GLIDE ENTERPRISE Inc., Soroptimist International of Tokyo-Ginza, and Sembikiya-Sohonten, Ltd.) to ensure a more hygienic environment for delivery.



Solar panels

Solar panels were provided by the support of corporations (Shiseido Company Limited, LUMINE Co., Ltd., Virina Japan Inc) at the One Stop Service Sites in non-electrified areas, which allowed mothers to give enough light during delivery at night.



Bicycle with generators

Bicycles with motor which can generate the power are used to provide light during overnight deliveries and maternity waiting houses. SMAGs could successfully bring pregnant women to a health facility using the bicycle generator before starting delivery at night by Japan Keirin Association (JKA)



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Maternal, Newborn and Child Health One Stop Service Project 2015 - 2017
Towards the completion of a three-year project - Expanding efforts to provide comprehensive care for women and raise awareness among youth

Drawing on its experience in projects that support maternal, newborn and child health, since December 2014, Japanese Organization for International Cooperation in Family Planning (JOICFP) has been implementing a three-year project named, Maternal, Newborn and Child Health One Stop Service Project co-implemented by the Planned Parenthood Association of Zambia (PPAZ); assisted by a Grant Aid for Japanese NGO Projects by the Government of Japan. The project that aims to ensure quality of information and services in Mpongwe District of Copperbelt Province. During the 3 years, three One Stop Service Sites were established as a Hub for quality information and services: a) JOICFP established a maternity ward, maternity waiting house, youth center and residence for midwives. b) JOICFP expanded its training sessions for Safe Motherhood Action Groups (SMAGs) and Young Peer Educators (PEs), further developed its activities in strengthening raising awareness of adolescent sexual reproductive health issues among youth, as well as community mobilization towards improving health services and access for women.

Outcomes

1. The ratio of women giving birth in health facilities in the ten project sites was on average 30.5% in 2013, 37.4% in 2014 and 35% in 2015, but **over the three years since this project was launched, the figure has grown to 44.3 % in 2016.**
2. Community mobilization activities of SMAGs and PEs in the Masaiti and Mpongwe Districts have helped achieve a figure of 900,000 residents having obtained knowledge and information about maternal, newborn and child health regarding the importance of ANC, PNC and facility delivery.
3. The One Stop Service Site has become a model central health center for the district following the district hospital as a health promotion venue for the community, including youth.



Best Practices from the community initiatives

EX1.

Existing community facility effectively reused as a maternity waiting house to encounter distance to facilities (access)

In Kamobwa in Masaiti District, Local Steering Committee (LSC) took the initiative to renovate old facility adjacent to the health center into a maternity waiting house.



EX 4.

Decentralization of community initiative by District Health Office

In Kalweo and Mikata in Mpongwe District, LSC members organized and started SMAG training with the cooperation of the District Health Office to increase the number of SMAG members. This allowed 20 new SMAG members to be trained in Kalweo and ten in Mikata respectively, thanks to the cooperation of communities and the District Health Office.



After the project completion,

District Health Office is expected to take the initiative in handing over the community health promotion activities on an ongoing basis, through regular monitoring in each site for supervising SMAGs, PEs, and LSCs

Project Outline

Aim:

To increase the number of women using quality health services in project sites in rural Zambia.

Local Co-implementing Organizations:

Planned Parenthood Association of Zambia (PPAZ), Copperbelt Province Masaiti District Health Office and Mpongwe District Health Office

Target Area and Population:

Copperbelt Province

- Masaiti population: 140,4525 sites (Mutaba, Kamobwa, Mishikishi, Chilese, Kafulafuta)

- Mpongwe population: 110,7445 sites (Kalweo, Mikata, Kanyenda, St. Anthony, Ipumbu)

Supported by:

The Ministry of Foreign Affairs of Japan, corporate, organizational and individual donations and the International Planned Parenthood Federation (IPPF)



EX 2.

Building a Maternity Waiting House with community initiative

Construction of a maternity house got underway in Kafulafuta in Masaiti District with the donations from each household. The land for construction was secured next to the health center where the LSC members and SMAGs gather every Wednesday to proceed with the work.

EX3.

Adolescent Health Committee

In Kalweo in Mpongwe District, health service providers, schools, traditional leaders and other LSC members took the initiative to establish an Adolescent Health Committee. Currently, many young people gather at the youth center on Sunday to participate in a various sessions such as cooking class and other recreational activities.

3-year Activities

1. Health promotion in the communities

To disseminate knowledge and information regarding reproductive health in the communities, including the importance of ANC/PNC, facility delivery, and Family Planning, the community people were trained as SMAGs or Youth PEs. The project also implemented training for health service providers and strengthened community health educational activities through training on effective utilization of educational materials.



Safe Motherhood Action Group members (SMAGs)

- Training for new SMAG Members: 210 trainees in total (150 and 60 in the Mpongwe and Masaiti Districts respectively)
- Training on Behavioral Change Communication (BCC) skills: for 250 and 300 SMAG members in 2015 and 2016, respectively



Health service providers

- Client-friendly training sessions: 17 health service providers
- Monitoring and health indicator management training session: 9 health service providers
- Review meeting: 9 health service providers and four trainers



Youth Peer Educator (PEs)

- Training for new Youth PEs: 60 trainees in total (40 and 20 in the Mpongwe and Masaiti Districts respectively)
- Leadership Training: for 12 Youth PEs and 12 SMAG members
- Training for Youth PEs on menstrual education: 46 Youth PEs



Material development

- A guide translated into local language for reproductive health visual materials (Maggie apron) (English/local language)
- Birth Plan and Danger signs for pregnancy and delivery (revised) (English/local language)
- Booklet on menstruation "Happy to be a girl" (English/local language)
- A guide for SMAGs "SMAG Handbook" (English)

2. Improving quality SRH services

With the construction of a maternity ward, maternity waiting house, youth center, residence for midwives and a water tank and the provision of medical equipment, three One Stop Service Sites were established in Mutaba in Masaiti District in 2015 and Kalweo and Mikata in Mpongwe District in 2016 and 2017, respectively, to facilitate the provision of quality health service and information. The maternity waiting house allows expectant mothers to await birth with health service providers while the youth center has maintained improved access to the health center, even for youth.

